



# STARFISH OUTREACH EMPOWERMENT THROUGH EDUCATION

## Packing List

The weather in Belize is warm, humid, and tropical, with small insects as a constant. We highly recommend casual clothes for everyday wear that are comfortable, lightweight, and modest. Although the attitude towards dress in Belize is quite relaxed, we want to show respect towards the local culture to avoid causing offense. The packing list below is for your comfort and safety on the work site.

### Clothing

- Recommend: Capris and long pants for the worksite. Work shorts at the knee or below are ok. However, pants are recommended to protect against the elements and insects.
- Lightweight short or long-sleeve tops for day wear. Again, long sleeves are recommended to protect against the elements and insects.
- Lightweight waterproof Jacket. July is the month with the highest rainfall. Rain is a guarantee!
- Long sleeve tops, pants & tall socks for evening wear. The insect population is in full swing during the evenings.
- Swimsuit – the ocean is outside your door- **Water shoes are highly suggested for foot protection.**
- Sturdy, lightweight closed-toe shoes for working and walking. Suggest 2 pairs. Sandals ok for recreation time. Again be aware of evening bugs.
- Sunglasses
- Hat(s): one for the work site, one additional for outings
- Clothing for Sunday Service: Capris, pants, and longer-length shorts are acceptable. No sleeveless tops or cut-offs. There is a minimal amount of fan air movement in the Church.

### Toiletries

- Sunscreen
- Bug Repellent with Deet
- Zip lock bags for clothing. Large vacuum bags or garbage bags are suitable for keeping your clothing dry. The humidity is high, and your clothing will feel damp if not stored in bags.
- Other standard toiletry items: Shampoo, body wash, toothbrush and toothpaste, hair products, chapstick, washcloth, Etc.
- **Any items over 3oz must be packed in your checked luggage.**



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### Electronics

- Flashlight with extra batteries. You will need this to navigate parts of the Resort in the evenings.
- Phones are ok. Check for cell coverage from your carrier and fees. The Internet is available at the hotel but is not always reliable.
- Headphones
- Cell Charger
- Larger electronics should be left at home.
- **Electrical adapters are not required.**

### Daily Work Site Items

- Refillable Water Bottle- **Pack in your carry-on luggage**
- Work Gloves, tape measure, pocketknife, sharpie marker, hammer, and small hand tools: **Pack in checked luggage.**
- Hat
- Sunscreen
- Bug Repellent
- Sunglasses
- Sturdy, lightweight closed-toe shoes: **Sandals are NOT allowed on the work site.**
- **Absolutely NO STREET FOOD is to be consumed while away from Pelican Resort- this is for your safety.**

### Other Items

- Bible, Journal, and pens. We will have a morning devotional each day before breakfast.
- Reading material and card games for recreation and downtime in the evenings.
- Cash for extra. US dollars are accepted everywhere. The exchange rate is approximately 2 to 1.
- Passport: Keep an extra photocopy in your luggage-a hotel safe is provided to store your original during your trip.
- Snacks if you need a little junk food. Local stores are close by for soda, chips Etc. Outings away from Pelican Resort for snacks and fun are arranged by Starfish Outreach. **Leaving the Resort, even in a group, without approval is not allowed.**

**Valuables should be kept to a minimum-you are responsible for anything you bring.**